

604.535.9108

flomotion
fitness + yoga studio

try pack
Personal Training

**Interested in feeling better, looking better and more energized?
Are you ready to give yourself the kick start you need for success?**

Try this introductory package of **three sessions** and you'll discover how much a personal trainer can do to **enhance your enjoyment of exercise and its benefits**. Get started on the right path with a **customized program** specifically **tailored to fit your body**. We believe in this product so much our **new clients** can get it for just **\$99** but just for a limited time!

Try Pack
Personal Training
\$199
(a \$270 value)

only \$99
ends July 31

limited spaces available

FloMotion Fitness + Yoga Studio
15186 Buena Vista Avenue, White Rock
@ 5 Corners



www.flomotion.ca